

OTTER TRAIL GUIDE

TIDES MAR 2019

DAY 1

HUT: Ngubu
DISTANCE: 4.8 km
TIME: 3.5 hours

NOTES:
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

DAY 2

HUT: Scott
DISTANCE: 7.9 km
TIME: 5.5 hours

NOTES:
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

DAY 3

HUT: Oakhurst
DISTANCE: 7.7 km
TIME: 5.5 hours

NOTES:
Keep costume and sandals close to hand for two river crossings.

DAY 4

HUT: Andre
DISTANCE: 13.8 km
TIME: 8 hours

NOTES:
Major river crossing at Bloukraans River*. See Profile Map below.

DAY 5

HUT: De Vasselot
DISTANCE: 8.8 km
TIME: 3 hours

NOTES:
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

Please note: This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0615	1905	0116	1329	0718	1958
2	0616	1904	0207	1417	0805	2033
3	0617	1903	0244	1453	0839	2102
4	0618	1901	0316	1525	0908	2129
5	0619	1900	0345	1554	0937	2154
6	0620	1859	0413	1622	1005	2219
7	0620	1857	0441	1649	1033	2244
8	0621	1856	0508	1716	1101	2310
9	0622	1855	0536	1743	1130	2335
10	0623	1854	0604	1811	1159	----
11	0624	1853	0634	1842	0002	1232
12	0624	1851	0707	1918	0033	1309
13	0625	1850	0749	2004	0109	1355
14	0626	1848	0848	2115	0159	1458
15	0626	1847	1025	2341	0321	1655
16	0627	1846	1230	----	0614	1903
17	0628	1844	0118	1342	0732	1959
18	0629	1843	0213	1434	0822	2043
19	0630	1842	0258	1520	0905	2122
20	0631	1840	0341	1602	0946	2159
21	0631	1839	0421	1641	1025	2234
22	0632	1838	0459	1718	1102	2309
23	0633	1836	0536	1754	1137	2342
24	0634	1835	0610	1827	1211	----
25	0635	1834	0644	1900	0014	1244
26	0635	1832	0717	1935	0048	1318
27	0636	1831	0754	2019	0126	1357
28	0637	1830	0846	2158	0216	1456
29	0638	1828	1117	----	0425	1825
30	0639	1827	0047	1305	0656	1928
31	0639	1825	0139	1353	0741	2005

THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. www.theotter.co.za

